

THIS IS WHAT LOCAL GOOD LOOKS LIKE

"I am really worried about my younger brother. He has been struggling with mental health and addictions for as long as I can remember and we can't seem to find the help we need."
~211 SK caller

211 Saskatchewan is a United Way initiative to help improve access to services and support the mental, emotional and spiritual well-being of everyone in our province. Mental health continues to be one of the top 5 issues reported through 211SK calls, texts, web chats and emails. 211 SK was able to provide the caller with referrals to new options the family had not yet accessed. 1 in 5 Canadians will experience a mental illness or addiction problem. 50% of mental illnesses develop before the age of 14.

Show your local love by doing local good.

GIVE | **DO LOCAL**
TODAY. | **GOOD.**
SHOW YOUR **LOCAL LOVE.**



United Way
Regina