

2022 Results Report for Weyburn and Area

Instructions

- This results report is for the application for funding approved December 2021 for the period January 1, 2022 to December 31, 2022
- Type answers in the spaces provided.
- Answer all questions completely and do not direct to outside documents.
- To check a checkbox in the applicable questions, double-click on the checkbox and change the default value to “Checked” then click OK. An ‘X’ will appear in the box. If this does not work, put an X beside the box.
- Keep answers succinct and applicable to the question. The size of the box does not indicate the amount of content to be provided. The boxes will expand if you need to include more than the space displayed.
- Review this form to ensure it is complete.
- Email the completed form to kgushuliak@unitedwayregina.ca.
- **The due date is January 31, 2023.**
- This Results Report will be considered as part of the application process if submitting an application in January 2023.
- For further information, questions, or request for accommodation, please contact Kristin Gushuliak, Community Grant Manager, kgushuliak@unitedwayregina.ca

Section 1 – Organization Information

1. The contact person for this report:

Contact Name:	Lynda Rideout
Contact Position Title:	Executive Director
Email:	lyndar@envisioncounsellingcentre.com
Phone Number:	306-842-8821

2. Organization:

Organization Name (legal name):	Envision Counselling & Support Centre Inc.
Street Address or P.O. Box:	120 3rd St. South
Community/Region Name:	Weyburn Sk.
Postal Code:	S4H 2C2

Section 2 – Program Information

3. Name of program indicated on the application for 2022 funding:	Counselling Program
4. Provide a one-line description of the program:	This funding supported the Counselling Coordinator/Intake Worker position(s), streamlining access to programming and increasing ability to achieve our shared vision of healthy people and strong communities.
5. Indicate the reporting Period: (Most recently completed program cycle within the period January 1, 2022 to December 30, 2022 <u>(date)</u> to <u>(date)</u>):	January 1, 2022 – December 31, 2022

Demographics

Complete the following questions on demographics for the program. Please answer with a final number, not a range or percentage.

6. How many different individuals have been served by the selected program? (<u># of unique clients served as opposed to # of visits</u>)	Unique clients served = 1,455
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7. Fill out the demographic categories that you have program data readily available for:

- In the first column, select all the Population Types highlighted in grey that apply to your program. (Clicking on the box should add an “x”, if not, enter an “x” next to the box.)
- Then select the primary populations who are served within each Population Type if applicable. You are asked to select a maximum of 2 within each population type to identify the primary populations being served.
- Finally, enter the number of each population served.

PRIMARY (max 2)	Number Served	Population Type
<input type="checkbox"/>		<i>Populations by Age</i>
<input type="checkbox"/>	0	Early Years (0-5)
<input type="checkbox"/>	129	School-aged (6-12)
<input type="checkbox"/>	160	Adolescence (13-17)
<input checked="" type="checkbox"/>	295	Youth (18-29)
<input checked="" type="checkbox"/>	780	Adults (30-64)
<input type="checkbox"/>	91	Seniors and Elders (65+)
<input type="checkbox"/>		<i>Populations Requiring Specific Care or Supports</i>
<input type="checkbox"/>		People experiencing homelessness
<input type="checkbox"/>		People with low income or living in poverty
<input type="checkbox"/>		People living with mental illness
<input type="checkbox"/>		People struggling with addiction
<input type="checkbox"/>		Persons with disabilities
<input checked="" type="checkbox"/>	686	People experiencing interpersonal violence or abuse
<input checked="" type="checkbox"/>	3	People living in group homes or supportive living (under the age of 55)
<input type="checkbox"/>		<i>Indigenous People</i>
<input checked="" type="checkbox"/>	38	Indigenous: First Nations
<input type="checkbox"/>	0	Indigenous: Inuit
<input checked="" type="checkbox"/>	19	Indigenous: Metis
<input checked="" type="checkbox"/>	19	Indigenous: Non-Status
<input type="checkbox"/>	11	Indigenous: Unspecified
<input type="checkbox"/>		<i>Racialized Communities</i>
<input type="checkbox"/>		All (Do not select all unless you regularly serve all the communities listed. Check the top 3 and note any others.)
<input type="checkbox"/>		South Asian

<input type="checkbox"/>		Chinese
<input checked="" type="checkbox"/>		Black
<input checked="" type="checkbox"/>		Filipino
<input type="checkbox"/>		Latin American
<input type="checkbox"/>		Arab
<input type="checkbox"/>		Southeast Asian
<input type="checkbox"/>		West Asian
<input type="checkbox"/>		Korean
<input type="checkbox"/>		Japanese
<input type="checkbox"/>		Groups not otherwise specified
<input type="checkbox"/>		<i>Gender and Sexual Identity</i>
<input checked="" type="checkbox"/>	396	Male
<input checked="" type="checkbox"/>	974	Female
<input type="checkbox"/>		Members of LGBTQ2S+ communities
<input type="checkbox"/>		Gender Unknown
<input type="checkbox"/>		<i>Newcomers</i>
<input checked="" type="checkbox"/>	18	Permanent Residents - immigrants
<input type="checkbox"/>		Permanent Residents - refugees
<input type="checkbox"/>		Temporary Residents
<input type="checkbox"/>		Unknown Status
<input type="checkbox"/>		<i>Single Parent Households</i>
<input checked="" type="checkbox"/>	Unknown	Single mothers
<input checked="" type="checkbox"/>	Unknown	Single fathers
<input type="checkbox"/>		Single grandparents
<input type="checkbox"/>		<i>Other</i>
<input type="checkbox"/>		Specify:

Outcome Measurement:

Inputs	
Inputs are the resources required to fulfill your selected program.	
8. Check off the key Inputs that apply to the identified program and directly led to the intended outcomes:	
<input checked="" type="checkbox"/> Computers and other technology	<input checked="" type="checkbox"/> Professional Development/Training
<input type="checkbox"/> Curricula	<input checked="" type="checkbox"/> Staff
<input checked="" type="checkbox"/> Equipment	<input checked="" type="checkbox"/> Supplies and materials
<input checked="" type="checkbox"/> Facility or Program Space	<input checked="" type="checkbox"/> Utilities
<input checked="" type="checkbox"/> Facility Security	<input type="checkbox"/> Vehicles
<input checked="" type="checkbox"/> Funding	<input type="checkbox"/> Volunteers
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____

Activities	
Activities are the key tasks or services that demonstrate a reasonable response to the social issue identified and directly contribute to the program outcomes.	
9. Check off the key Activities that you collected outputs on and that apply to the identified program:	
<input checked="" type="checkbox"/> Assessment and Screening	<input type="checkbox"/> Outreach
<input type="checkbox"/> Case Management	<input type="checkbox"/> Provide Food
<input type="checkbox"/> Childcare	<input type="checkbox"/> Provide Shelter
<input checked="" type="checkbox"/> Counseling	<input checked="" type="checkbox"/> Raising Awareness or Public Education
<input type="checkbox"/> Crisis Support Lines	<input checked="" type="checkbox"/> Referrals
<input type="checkbox"/> Field Trips	<input type="checkbox"/> Rehabilitation or Therapy
<input type="checkbox"/> Home Visits	<input type="checkbox"/> Transportation
<input type="checkbox"/> Non-Crisis Support Lines	<input type="checkbox"/> Workshops/Instructional Classes
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____

Outputs	
Outputs are the anticipated products of the program's activities that will produce the desired intended outcomes for the program's participants.	
10. Check off the key Outputs that you collected data on and that correspond to the Activities selected above and enter the number produced:	
Example: <input checked="" type="checkbox"/> # of calls	25
<input type="checkbox"/> # of assessments completed	
<input type="checkbox"/> # of calls	736 (Initial contacts completed)

<input type="checkbox"/> # of childcare spaces provided	
<input type="checkbox"/> # of counseling sessions conducted	3323
<input type="checkbox"/> # of educational materials distributed	
<input type="checkbox"/> # of field trips	
<input type="checkbox"/> # of home visits completed	
<input type="checkbox"/> # of meals served	
<input type="checkbox"/> # of new connections made	
<input type="checkbox"/> # of referrals made	232
<input type="checkbox"/> # of rehabilitation/therapy sessions conducted	
<input type="checkbox"/> # of shelter spaces provided	
<input type="checkbox"/> # of specialty services that are culturally appropriate delivered	
<input type="checkbox"/> # of transports	
<input type="checkbox"/> # of web inquiries	213
<input type="checkbox"/> # of workshops/instructional classes taught	
<input type="checkbox"/> Other:	
<input type="checkbox"/> Other:	
<input type="checkbox"/> Other:	
<input type="checkbox"/> Other:	

11. Indicate any changes made to inputs, activities and outputs compared to what was indicated on the application. Provide an explanation of why changes were made and what you learned throughout the process (i.e. did you add, remove or make changes to the planned inputs, activities or outputs listed on the application?):

Inputs:

In April 2022, Envision launched the start of a brand new program, Family Intervention Rapid Support Team (FIRST). FIRST is an outreach, violence prevention and early intervention-counselling program. Having the ability to have Counsellors out on the ground in our communities has greatly improved our service delivery however, also added increased safety risks for our staff as well as the responsibility on our Counselling Coordinator. It was quickly identified that our Counselling Coordinator was not able to complete all tasks required on their own. Providing adequate support to our frontline staff, as well as provide quality intake coverage to all incoming referrals to our four office locations. We were successful in hiring a new Intake Worker to our team who has the ability to prioritize participant's initial needs as been welcomed. Additionally, if Envision receives a referral that is not a fit for our current programming, the Intake Worker will provide support in the interim and ensure that the client(s) are connected to the appropriate supports based on their needs within Weyburn and area.

Activities:

The Intake Worker has become the primary first point of contact for all incoming referrals to Envision. The activities of such have remained the same, providing quick access to supports, assistance with navigating the system, crisis support as needed, improved safety for participants, collection of all initial statistics, and provide responses to website submissions “Ask a Counsellor”. With the addition of our Intake Worker, this has allowed our Counselling Coordinator the time necessary to provide initial and ongoing training to our Counsellors, effective debriefing sessions and caseload management. This has allowed us to ensure a high level of counselling and support services are being delivered.

Outputs:

Our Intake Worker and Counselling Coordinator continue to track statistics and monitor trends within our region. Measuring incoming referrals, telephone/walk-in and website contacts. This includes client demographics; supports needed; as well as denied services to identify possible service gaps within our communities.

12. Did the program meet its targets and/or achieve its intent? Please explain.

Yes, service delivery in our surrounding region has been greatly improved with the implementation of the Intake Worker position, which was made possible with the United Way Funding. Envision has been efficiently managing all incoming referrals. This position reduces wait times for appointments, and has proven to increase the number of counselling sessions provided annually. By effectively triaging participant needs, it has resulted in improved supports being provided in Weyburn and area. This very much aligns with the inclusive, trauma-informed methodology we strive to maintain.

13. Impact Story - Provide at least one Impact Story that highlights how your program made a change in the life of a participant. The most useful stories highlight a specific positive change resulting from the program, and then clearly states how the change is linked to United Way’s Focus Area Outcomes* All That Kids Can Be, Poverty to Possibility or Healthy People Strong Communities (maximum of 400 words). These stories could be used in United Way marketing materials and may be edited to fit the communication medium.

If possible, provide the name of the person who appears in the story, a photo and a signed photo release form (you can use your own form or one provided by United Way).

Envision’s Intake Worker received a call from a man who presented with a high risk for suicide. This man had previously attempted suicide, had a plan to shoot himself on this day and owned

a gun that would have given him the means to carry out his plan. Our Intake Worker was available and ready to respond promptly. An assessment was conducted, and a safety plan was completed. This caller was able to receive quick access to the supports needed on this day. His plan for suicide was not successful, thanks to the work of our Intake Worker in collaboration with our Counselling Coordinator and partnering agencies.

With intense mental health supports required for this individual it was determined that seeking support from a trained Mental Health Counsellor would be the best care for this gentleman. Our Intake Worker was able to assist this caller in navigating the Mental Health system and with his permission a direct referral from Envision to the local Mental Health Clinic was completed. Our safety plan was monitored and contact remained consistent between the caller and our Intake Worker until he was connected to an on-going Mental Health Counsellor. This was a desperate time for this caller and when someone is in a crisis state it is not easy to think clearly. Having a trained Intake Worker that can comfort and guide them greatly improves access to the supports necessary to increase their current overall health. Having a designated position for this type of work allows other Envision counselling appointments to remain undisturbed.

*see Appendix A for more information on the Focus Areas.

14. Provide additional quotes from participant children, youth, families/caregivers or individuals.

If possible, provide the name of the person who provided the quote, a photo and a signed photo release form (you can use your own form or the one provided by United Way).

Due the confidential nature of the work we do, it is not possible to provide personal details or pictures of the counselling sessions.

15. If there are any additional information/comments you would like to provide, enter it here. (E.g. Information about the effects of COVID-19 on programming, any changes to the organization, challenges, etc.)

During the COVID-19 pandemic Envision Counselling & Support Centre added additional methods to service provision, including telephone and video counselling appointment. These methods continue to be offered and utilized by our clients. This welcomed adjustment has made it possible for participants in rural areas to access adequate supports when there may be barriers to attending in person appointments.

16. Acknowledgment: Provide a list of the ways that your organization recognized United Way Regina for the funding over the past year. If possible, provide a screen shot of social media posts.

- Website shout-out
- Radio mentions
- On-site displays
- Social media during Communithon
- all pamphlets/publications feature United Way logo
- Signs hung in all office locations

By signing below:

Agency signing authorities certify that they have the power to bind the agency, and further, they affirm that the total contents of this application are true, complete and accurate.

Signature:



Executive Director/CEO Signature

January 25, 2023

Date

lyndar@envisioncounsellingcentre.com

Email address

Appendix A

United Way Focus Areas:

- **All That Kids Can Be:** Improving access to early childhood development programs, helping kids stay on track in school and graduate from high school.

Success in School

- Children are ready for school
 - Children and youth are successful in school
 - Youth make a healthy transition to adulthood
- From **Poverty to Possibility:** Increasing opportunities for individuals and families to move from living in poverty to become more independent and self-sufficient.

Food Security, Housing Stability, Employment and Financial Literacy

- Access to affordable, nutritious and appropriate food
 - Increased consumption of nutritious and appropriate food
 - Improved access to emergency shelter
 - Improved access to affordable housing
 - Increased access to supports to maintain stable housing
 - Increased support to find and maintain employment
 - Improved financial stability and avoidance of financial crisis
 - Improved access to affordable goods & services needed to support independence and stability
- **Healthy People, Strong Communities:** Improving access to social, health-related support services including systems navigation to find help when they need it the most.

Personal Wellbeing and Safety and Connected to Supports

- Improved mental health
- Improved safety especially victims of interpersonal violence and abuse
- Increased help to better navigate support systems
- Improved access/availability to services and supports